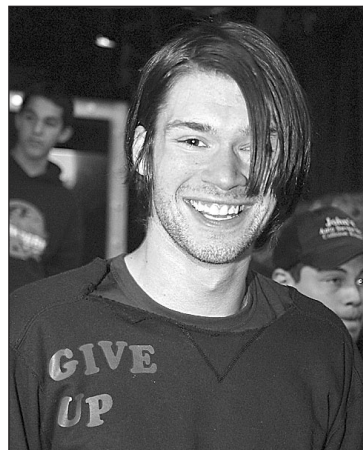


THE EDGE



Adam Lazzara

CELEBRITY SPEAK

"I would compare (our bunks on the tour bus) to sleep in a small coffin. If you're goth, you'll love it." — **Adam Lazzara** of Taking Back Sunday, in Teen People magazine.

GET COOKING

If you are talented in the kitchen, consider entering an upcoming seafood recipe contest for high school juniors and seniors in Berkeley, Charleston and Dorchester counties.

Your recipe must be original and must use sustainable seafood. In other words, it should include fish that are caught or farmed without endangering the species or wrecking the oceans' ecological balance.

The top entrants will be invited to the Sustainable Seafood Festival at the Charleston Maritime Center on Oct. 23 to prepare their recipes for a panel of judges that will include top local chefs. The top three candidates from each grade will be offered a renewable scholarship to any Johnson & Wales University campus for amounts ranging from \$1,000 to \$3,000.

To submit a recipe, you must fill out an application from the S.C. Aquarium's Web site at www.scaquarium.org, write a brief essay on a sustainable seafood species, provide a photograph of your dish and include your recipe.

Applications are due Sept. 16 and will be reviewed by aquarium staff, local chefs and culinary professors. For more information, contact Megan Westmeyer at 579-8502 or mwestmeyer@scaquarium.org.



Don't eat these gelatinous squares! Lush cosmetics has introduced Shower Jellies that they recommend you chill or freeze before using.

SLIPPERY SOAP

Lush cosmetics, known for their creative products such as bath ballistics, shower melts and shampoo bars, turns 10 this year. But even at 10, it hasn't run out of clever cleansing ideas. To celebrate the birthday, Lush has introduced two new soaps: Shower Jellies and Butter Creams.

We immediately snatched up one of the jellies and high-tailed it to the fridge since Lush suggests you try the jellies chilled or frozen. These suckers look just like Jell-O, so we were really curious how they were going to work out as a soap. Turns out, very well. But as one user on the Lush Web site pointed out, "Be careful about letting (the jellies) go down the drain."

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Casey Smith walks through the woods behind her house in Ridgeville, where she had her four-wheeler accident on Memorial Day 2004.

Back on her feet

Casey Smith has found strength during the past year as she recovers from a debilitating four-wheeler accident

BY PAUL BOWERS
INK contributor

Over the course of about one year, 16-year-old Casey Smith has had nine surgeries, attended countless therapy sessions and struggled through pain that many adults would be unable to endure.

And she never has given up hope. Last year on Memorial Day, Casey was riding her four-wheeler in a field behind her home in Ridgeville. The grass was overgrown, and when her vehicle's front tire hit an old railroad tie, the ATV flipped, its handlebars pinning her body against the ground.

Casey managed to push away the four-wheeler, but she soon discovered that her legs would not work. She didn't know it at the time, but the impact had shattered her pelvis and crushed her tailbone.

All Casey knew was that she was out there alone, and it was starting to get dark. Scared that nobody would find her, she began to belly crawl through the field, dragging her aching body for 30 yards.

Michael King, a cousin of Casey's half-brother, finally found her. She was lying on her stomach crying, and he could tell that she was in unbelievable pain. Acting quickly, Michael called for help, and a group of volunteers from



Nurse practitioner Valerie Jass checks on Casey's recovery at the Medical University of South Carolina during a follow-up visit after surgery on Casey's back this summer. Casey's father, Randy Smith, looks on during the exam.

the Dorchester Fire Department came and took her to safety.

After looking at X-rays of Casey's pelvis, doctors told her that she might never walk again. Casey's parents still were in a state of shock. "It wasn't until a while afterward that it set in," Casey says.

Eventually, the initial feelings of bewilderment were replaced by fear, frustration and, ultimately, determination.

Casey spent three weeks after the accident in the hospital, and she remained bedridden at home for the remainder of the summer. She underwent several surgeries to implant metal plates in her pelvis and lower back, and she

waited patiently for her bones to heal.

With the help of several physical therapists who visited her at home, Casey relearned how to perform the most basic of tasks. She had to be taught how to sit up, walk and even use the bathroom. "It was like being a baby again," she says.

Within three months, she was walking again. But she still was in pain. The accident had aggravated a nerve near the base of her spine, and it was causing her a great deal of suffering. The doctors put in a neurostimulator, an electronic device that shocks troublesome nerves into submission. But she underwent an additional

surgery this past summer to have the neurostimulator repositioned, and because she still is in pain, she will go to Atlanta for a consultation at the start of September.

Now a senior at Dorchester Academy, Casey still is recuperating from her injuries. Before the accident, Casey led an active life. She played third base for the Dorchester Academy softball team, and she was a trainer for the school's football team. While she was in the hospital, doctors warned her to avoid contact sports, and Casey points out, "If you've seen me play softball, you know it's a ... contact sport."

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Current TV includes segments such as "Postcard From Varanasi" by Erik Olsen about life in India.

Current TV powerful voice for young people

BY ABBY KAMMERAAD-CAMPBELL
INK contributor

Young people are brandishing video cameras in hopes of getting their work on the new cable channel, Current TV, an offbeat, edgy outlet for expression that's touting itself as a place to vent, show off and explore the world from a different perspective.

Former Vice President Al Gore and entrepreneur Joel Hyatt want to shift a chunk of the monopolized media from the balding business executives to the viewers

by creating a people's TV.

"The Internet opened a floodgate for young people whose passions are finally being heard, but TV hasn't followed suit," Gore was reported as telling supporters at a party for the network this spring. "Young adults have a powerful voice, but you can't hear that voice on television ... yet."

On Aug. 1, Current unleashed this TV blogosphere, this media hubbub for "Chicken Soup" readers. What makes this channel unique, what gives character to Current, is viewer-created content (VC2).

Video shorts already range from BASE jumper Mark Rinehart, hurtling himself off cliffs and bridges, to Yasmin Vossoughian, documenting the lives of youths in Iran.

Gabriel Cheifetz, a member of his own youth media organization based in Minneapolis, mixes rap with politics and brings the "hood" to politicians, and politics to local youths. His message: "Vote."

Promoters estimate that by year's end approximately 25 percent of the show will be VC2. Most video shorts are about three

to five minutes in length. And if they make it onto television, their creators can get up to \$1,000 for a piece.

Aside from its VC2, Current TV says it wants to address the interests, problems and questions of young adults 18 to 34 years old.

Current defines itself as short-form programming, "the TV equivalent of an iPod shuffle." These "pods" primarily consist of 15-second to five-minute segments that run throughout the day.

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